

## **Swim Team**

### **Frequently asked questions**

#### **What do I bring to a swim meet?**

Things to bring include: swim team suit, cap, goggles, towels, sweatshirt, sunscreen, folding chairs, games, snacks, \$\$ for snacks and breakfast and lunch items at snack bar and lots of water, Tents (optional) for shade and storing of your items.

It is always good to bring extra goggles and towels too.

#### **What do I do if I am volunteering the day of a swim meet?**

If you are scheduled to volunteer for a swim meet you will receive an email the night before.

When you arrive at the pool in the morning please look for our volunteer table that has all of our name tags and information. If you have a conflict and cannot volunteer the day of the meet you **MUST** make arrangements with someone else to cover for you. If you absolutely can not find coverage, please contact Heather Dewey our volunteer coordinator ([heatherdewey@comcast.net](mailto:heatherdewey@comcast.net)) for other options. We cant run these meets without you!!!!

#### **Where do I find information such as ribbons, speeding tickets etc...**

Located at the pool, by our bulletin board and records board, there will be a bin in which every family has their own folder. This folder will be used to distribute weekly ribbons, speeding tickets and any other important information for that week. The coaches will also have their own folders.

#### **Where do I find what events my child will be in for a Saturday meet?**

Once the coaches input all of the swimmers races in the computer, there will be a huge bulletin board located on the left entrance of the pool. This board will show every swimmers name and what events they will be swimming. Please make sure if you will not be at a swim meet or you are unsure what you will be swimming to contact your coach at the beginning of the week.

#### **What time do I need to be at a Saturday meet?**

On Friday's an email will be sent letting you know what time you need to be at the pool for warm-ups.

#### **Do the coaches offer private lessons?**

Yes, they do. Please contact the individual coach to schedule. The cost is \$25 per  $\frac{1}{2}$  hour for the Head Coach and \$20 per  $\frac{1}{2}$  hour for the other coaches.

"Life's simple... eat...sleep... swim... any questions?"